



Curriculum Statement for PSHE

PSHE Intent

At Highbury the intention of the PSHE curriculum is to enable our children to become healthy, independent and responsible members of society. The approaches to gaining knowledge and understanding about key issues including pupil well-being, their role in society, resilience to change and safeguarding will be taught through engaging and relevant discussions and activities. In the PSHE curriculum, there are equal opportunities for all children to engage in new experiences, children from all backgrounds including disadvantaged should have the same opportunities using our school values to promote positive attitudes to learning and developing a growth mind set for all.

Implementation of PSHE

At Highbury the PSHE curriculum is mapped out across the whole school using the National Curriculum guidance alongside the PSHE association and My Happy Mind. This is detailed in the whole School Curriculum Overview which maps out where specific learning should occur to enable cross curricular links. The PSHE Curriculum is planned with a progression of key life skills taught alongside key vocabulary and correct terminology. This progression takes into account prior learning and consolidates the key skills.

The children learn the following Personal, Social, Health and Economic skills:

- To develop an understanding of their role in the school and the wider community.
- To understand the different dynamics of relationships
- To be able to communicate and manage their needs
- To understand their personal growth physically and mentally
- To know how to keep themselves safe in a variety of situations

The PSHE curriculum promotes communication skills so children are able to apply their English skills and have the opportunity to speak for a range of different purposes.

Impact of the PSHE curriculum

Children will be learning life skills which link to our school values and will build an understanding of relationships, community and health and well-being. They will use communication skills to participate in discussions as well as supporting their computing skills through focussing on being safe online including social media. The children will leave Highbury with a greater awareness of the world and local community as well as having key memorable PSHE experiences and how this has impacted on the development of them as individuals. Through their curriculum experiences they will gain an understanding of the cultural diversity of society. Children will also have a greater understanding of their own emotional wellbeing and will have a repertoire of strategies to help them manage their own feelings and support others.