

Allergy/Intolerance Menu

Portsmouth

Child Name/Names/Area :

Dates / Term:

Standard

Allergy / Intolerance:

Autumn Winter 2026 2027

DATES	WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
	Option 1	V346 Classic Cheese and Tomato Pizza	B52 Beef Lasagne with SD50 Garlic Bread	C4 C5 Roast Chicken, SD40 Stuffing, SD82 Roast Potatoes and SD118 Gravy	C35 Chicken Tikka Masala with SD84 Rice	F6 Fishfingers or F1 Salmon Fishfingers with SD5 Chips & SD14 Tomato Sauce
	Option 2	V242 Soya Mince Lasagne	V348 V225 Meatless Farm Plant Balls in Tomato Sauce with SD84 Rice	V232 Vegetarian Wellington with SD82 Roast Potatoes and SD118 Gravy	V347 Quorn and Lentil Tikka Masala with SD84 Rice	V191 Cheese & Bean Pasty with SD5 Chips & SD14 Tomato Sauce
	Alternative Meal			SD55 Jacket Potato with SD22 Baked Beans, V85 Cheese or F11 Tuna Mayonnaise		
	Vegetables			Vegetable of the Day		
	Dessert	D272 Cheese and Crackers	D189 Apple Cake with D2 Custard	D224 Fruit Medley	D235 Jelly with Mandarins	D197 Syrup Sponge with D2 Custard
DATES	WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
	Option 1	V346 Classic Cheese and Tomato Pizza with SD6 Wedges	B50 Pasta Beef Bolognese Bake	P25/ C137 Sausage with SD82 Roast Potatoes and SD118 Gravy	C103 Chicken Meatballs in V225 Tomato Sauce with SD84 Rice	F6 Fishfingers with SD5 Chips & SD14 Tomato Sauce
	Option 2	V239 Mild Mexican Chilli with SD84 Rice	V233 Vegan SD8 Spaghetti Bolognese	V342 Vegan Sausage with SD82 Roast Potatoes and SD118 Gravy	V303 Creamy Chickpea and Coconut Curry with SD84 Rice	V27 Cheese Whirl with SD5 Chips and SD14 Tomato Sauce
	Alternative Meal			SD55 Jacket Potato with SD22 Baked Beans, V85 Cheese or F11 Tuna Mayonnaise		
	Vegetables			Vegetable of the Day		
	Dessert	D267 Gingerbread Cookie	D169 Chocolate and Beetroot Brownie with D3 Chocolate Sauce	D223 Fruit Salad	D243 Sticky Toffee Apple Crumble with D2 Custard	D57 Vanilla Shortbread
DATES	WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
	Option 1	V346 Classic Cheese and Tomato Pizza	C115 Chicken Fajita with SD81 Paprika Wedges	C4 C5 Roast Chicken, SD40 Stuffing, SD82 Roast Potatoes and SD118 Gravy	C112 All Day Breakfast Chicken Sausage	F6 Fishfingers with SD5 Chips & SD14 Tomato Sauce
	Option 2	V161 Phat Mexican Bean Roll with SD2 New Potatoes	V318 Mac and Cheese	V204 Roasted Quorn with SD82 Roast Potatoes and SD118 Gravy	V350 All Day Breakfast Veggie Sausage	V24 Red Pepper Frittata with SD5 Chips & SD14 Tomato Sauce
	Alternative Meal			SD55 Jacket Potato with SD22 Baked Beans, V85 Cheese or F11 Tuna Mayonnaise		
	Vegetables			Vegetable of the Day		
	Dessert	D85 Oaty Cookie	D236 Pear Crumble with D2 Custard	D225 Fruit Salad	D265 Jamaican Ginger Cake with D2 Custard	D177 Iced Sponge

ALLERGY INFORMATION: Whilst every opportunity has been taken to remove necessary allergens, we cannot rule out the risks of elements and traces of allergens within products and cross contamination within the kitchen environment. If this is a concern due to the severity of the allergy/ intolerance, then please email info@caterlinktd.co.uk for someone to contact you.

Pupil Identification: Each child requiring a special diet should make their self known to the catering team and should be accompanied by a school representative, when receiving their meal.